I CLAIM:

1. An acupuncture needle essentially in harmony with the Golden Ratio or Φ, comprising:

(A) a handle having a length A, and

(B) a needle having an exposed length B;

whereby

(i) the ratio of the combined handle length and exposed needle length A+B to said handle length A is about 1.61; and

(ii) the ratio of said handle length A to said exposed needle length B is about 1.6.

2. The needle of Claim 1 wherein said handle has a length A of about 33 mm., and said needle has an exposed length B of about 20 mm.

3. The needle of Claim 1 wherein

(A) said handle has a width of about 1.6 mm., and

(B) said needle has a width of about 0.16 mm.;

whereby both said handle width and said needle width are essentially decimal harmonics of the Golden Ratio.

4. An acupuncture needle essentially in harmony with the Golden Ratio or Φ, comprising:

(A) a handle having a length of about 33 mm. and a width of about 1.6 mm.; and

(B) a needle having an exposed length of about 20 mm. and a width of about 0.16 mm.;

whereby the ratio of the combined exposed needle length and handle length to said handle length is about 1.61 and the ratio of said handle length to said exposed needle length is about 1.6; and

whereby both said handle width and said needle width are essentially decimal harmonics of the Golden Ratio.